



Multiple Deadlines?

AVOID AN ESSAY CRISIS WITH ALL THE HELP YOU NEED IN ONE PLACE!



Planning and writing one essay can be stressful already, but handling multiple ones at the same time? Don't worry, we've got you covered. We made a list of quick paths to all the step-by-step support provided by the University. Make sure to check them out whenever you find yourself struggling with deadlines!

ACADEMIC SKILLS SUPPORT



WELLBEING

MITIGATING CIRCUMSTANCES & MORE



ACADEMIC SKILLS SUPPORT

- [Where and how can I find information for my essay?](#)
- [How can I plan my assignment?](#)
- [How can I manage my time?](#)
- [How can I make useful notes?](#)
- [Where do I start with reading?](#)
- [What is academic writing meant to look like?](#)
- [How do I write an essay?](#)
- [What is critical thinking?](#)
- [What is referencing?](#)
- [What referencing tools can I use?](#)
- [How can I proofread my work?](#)
- [Who can I go to for 1-to-1 academic skills help?](#)



WELLBEING

- [Struggling to relax?](#)
- [Where can I find support contacts?](#)
- [Groups and workshops](#)
- [Just need someone to talk to?](#)
- [LUU services and support](#)
- [Counselling services](#)

MITIGATING CIRCUMSTANCES, DISABILITY SERVICES AND MORE

- [Mitigating circumstances](#)
- [Who should I contact?](#)
- [FAQ](#)
- [Dates and deadlines for your calendar](#)
- [Disability services](#)
- [How can my APT help?](#)
- [Language Centre](#)