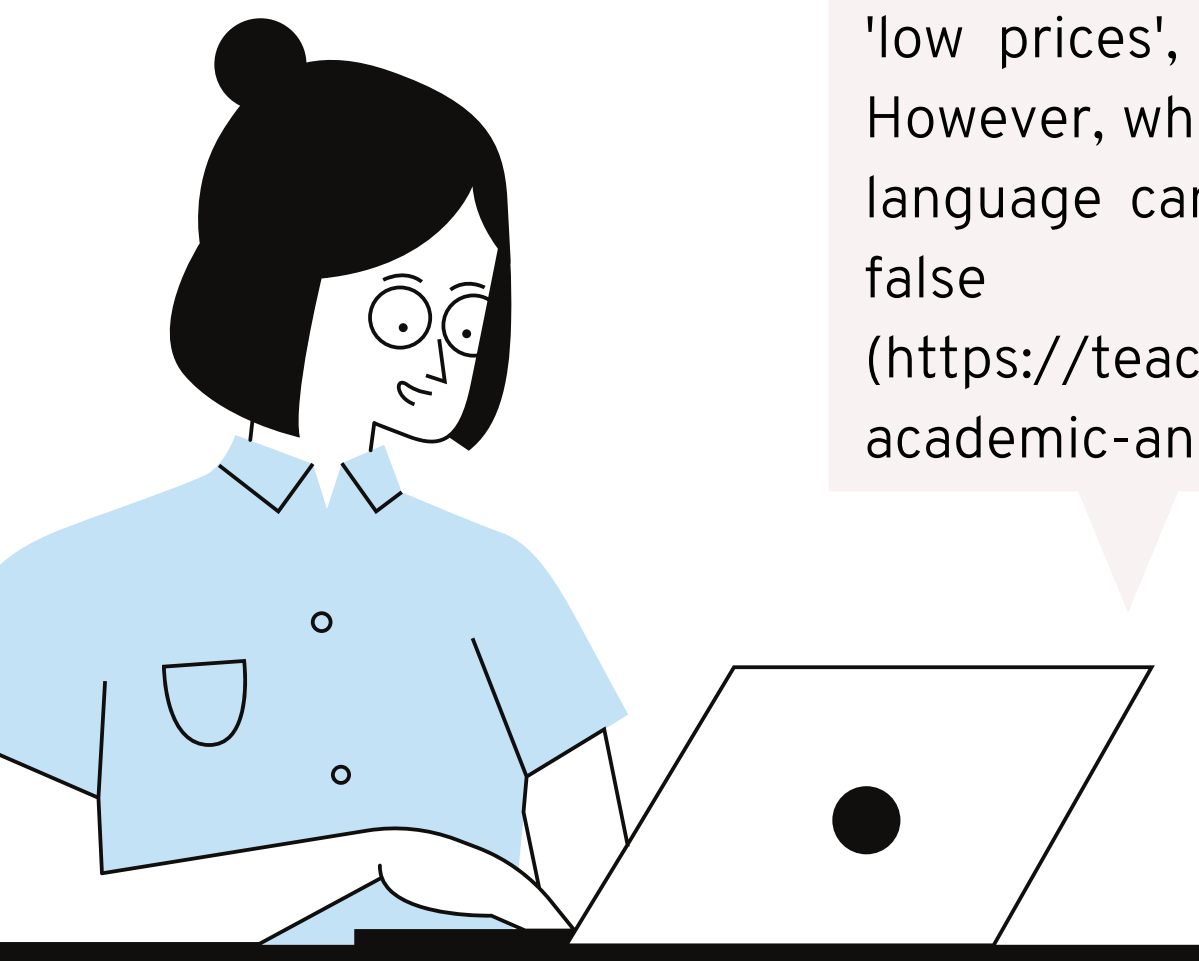


# THINK YOU KNOW ABOUT ESSAY MILLS?



## What are essay mills?

Essay mills are companies that offer essays in exchange for payment. They prey on students, promising 'high quality' pieces of writing for 'low prices', stating their services will save you time and stress. However, what they provide can be of very poor quality. Content and language can be inaccurate. They often miss deadlines, and make false promises regarding refunds. (<https://teachingexcellence.leeds.ac.uk/blog-the-importance-of-academic-and-personal-integrity-for-students/>)



## The dark side of essay mills

The hidden consequences of using an essay mill are severe and life-long. These include: **blackmail, identity theft, credit card fraud, debt, threats of violence, and more.** From the moment you hand over your information to these companies, you have compromised your identity. Currently, there is legislation being put through parliament to make essay mills illegal. (<https://teachingexcellence.leeds.ac.uk/combating-the-threat-of-contract-cheating/>)

## Receiving unwanted emails from essay mills?

Don't panic! If you receive unwanted contact from an essay mill, please forward it to [integritythreats@leeds.ac.uk](mailto:integritythreats@leeds.ac.uk). This makes the University aware of the emails, so they can work to protect you.

## Avoid the temptation to look for external help

As students, we understand the stress of completing an assignment while juggling other responsibilities. No matter how tempting it may seem, it is important to avoid essay mills. Do not be fooled by their promises. Try to be organised by making a note of deadlines and plan your essays early. Make use of resources offered by the University, and always ask for help if you need it.

## Some words of encouragement

Believe in yourself. The University has offered you a place, meaning they believe you can produce the work required. Be proud of the results you gain by submitting your own work. Demonstrate your integrity and encourage your peers to do the same!

