Pedagogical Wellbeing: Placing wellbeing at the heart of the curriculum
Quarterly update from LITE Fellow Dr Bridgette M Bewick
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Over the summer students and staff were busy preparing for 20/21. In September we welcomed new and returning students with a suite of online and face-to-face resources designed to smooth the transition into the new academic year and facilitate their sense of belonging.

Thank you to the 2019/20 students who shared their experiences with the Pedagogical Wellbeing project. Your stories informed the development of the welcome and induction material, and have also been central to the development of ‘I belong’.

Thanks to the guidance of the Student Expert Advisory Group and Faculty/Department student representatives - your voices have shaped where we are now.

GET INVOLVED
2020/21 ‘Student wellbeing and the University of Leeds experience’ survey is now live. The survey is open to all University of Leeds students (undergraduates, taught postgraduates, and research postgraduates).

To take part go to: https://leeds.onlinesurveys.ac.uk/uel_202021_studentexperience.

Student stories
Thank you to the 2019/20 students who shared their experiences. Your voices are bought to life in the ‘Getting started at Leeds’ online resource.

They might seem happy ... I realised lots of people were just as terrified as me.

... it all became overwhelming ... I didn’t know how I was going to cope ... once I realised there was support I felt like I could do this.

I expected university to be hard but not as hard as it is. It’s important to have time to celebrate getting that essay in ... cake is an important part of our celebrations.
Never underestimate the difference you can make:

It’s been an unusual start to the 2020/21 academic year. Students share what has helped them to survive, flourish, or thrive.

- My supervisors care about my research and my wellbeing and are always available if I need help.
- The lecturers encourage students to ask questions.
- … the University has made changes to modules in an attempt to reduce workload.
- All my lecturers have a love of teaching and a great deal of patience in helping students understand the material.
- An advantage of everything being online is that it feels very easy to message a group and ask for help.
- Skills@library sessions are great for developing academic skills.
- Formative assessments that don’t count towards your grade.
- Student Success Officer is very good about hearing people’s concerns.
- The amount of societies and groups you can join to meet people and flourish on a personal level.
- Help from staff and how welcoming they can be.

For further information or to get involved contact:
Dr Bridgette Bewick, b.m.bewick@leeds.ac.uk